

Menstruation Vocabulary

gametes (sex cells) $\left\{ \begin{array}{l} \text{eggs} \\ \text{sperm} \end{array} \right.$

gonads $\left\{ \begin{array}{l} \text{ovary} \\ \text{testes} \end{array} \right.$

oocyte - immature egg
ovum - egg expelled from the uterus
(ova - plural)

Menstruation -

Menarche - a girl's first menstrual cycle

Amenorrhea - the lack/or absence of a period

- excessive exercising (Olympic athletes), eating disorders, pregnancy, stress, breast feeding,

Menorrhagia - excessive bleeding

Dysmenorrhea - painful menstrual cycles

- cramps

Menopause - cessation of ovulation

∴ no longer having periods